

## Anti-Bullying Information Session for Parents & Carers in Edinburgh

Join us to find out more about what you can do to support children and young people affected by bullying.



**Dates and time (click on links below to register)**

[Thurs 3 November 2022, 18:30 – 20:00 GMT](#)

[Thurs 25<sup>th</sup> May 2022, 18.30 - 20.00 GMT](#)

**Location** Online

### About this event

Organised by Edinburgh City Council in partnership with respectme, Scotland's anti-bullying organisation. this online session for parents and carers will help you to understand more about bullying and how to respond effectively whether it's happening online or offline.

The session will provide information on:

- Recognising bullying behaviours
- Understanding the impacts of bullying on children and young people
- How to provide a supportive response to children and young people affected by bullying
- Practical tools and other strategies to deal with bullying
- Edinburgh City Council's Anti-Bullying policy and Supplementary Guidance on tackling racist incidents
- Signposting to further support
- Anti-Bullying Week 14 -18 November 2022 and this year's theme of 'Listen Up! (Respect our Rights)' - 3<sup>rd</sup> Nov event only

Please note that the session is a confidential, safe space and that individuals including children and young people, and individual schools must not be named during the event. The session is intended to provide general information and parents and carers will be advised during the session how to get support if they are dealing with an incident involving bullying.

By [respectme Anti-Bullying Learning Academy](#)

respectme is Scotland's anti-bullying service and is fully funded by the Scottish Government and managed by SAMH (Scottish Association for Mental Health) in partnership with LGBT Youth Scotland.

