



Overview

Edinburgh Leisure's Coaching Academy will provide nationally recognised qualifications that enable successful learners to lead safe, purposeful, and enjoyable sport/physical activity.

The Coaching Academy will assist young people to learn new skills for the job market, using the capacity of sport coaching to transform lives, increase motivation, encourage learning and support personal development.

The project is targeted at young people aged 16-24 years and fully funded through Edinburgh Leisure Active Communities.

What is involved?

The inaugural 2023 intake will be limited to 16 candidates with learning focussed on studying for a sport leadership qualification and sports specific coaching course qualifications.

Candidates will gain the SCQF Sports Leaders Level 5 qualification carried out as a weeklong course starting Monday 17th and finishing on Friday 21st July at Meadowbank Sports Centre delivered by Edinburgh Leisure.

The Sports Leaders sessions use sport to deliver fun and engaging physical activities with other attendees. Candidates will plan, lead and evaluate sports/physical activity sessions over a number of tutored hours and then demonstrate their leadership skills as part of an assessment.

Upon completion of Sports Leaders, a series of three coaching qualifications will be delivered once weekly at Meadowbank Sports Centre.

Those qualifications are as follows:

1) **Scottish Badminton: Badminton Basics course: 27th July 2023**

Badminton Basics is a six-hour course geared towards coaches with little or no badminton experience. It focuses on fun games for beginners, allowing participants to lead sessions at schools and assist more experienced coaches at clubs. Badminton Basics is a core component of the new coaching awards and, as such, is the first step on the pathway.

2) **Scottish Athletics: Leading Athletics course : 3rd August 2023**

The 3 hour Leading Athletics workshop is available for coaches and allows for the training and development of new volunteers, with the ultimate aim of supporting existing leadership programmes and attracting more young leaders into the sport of athletics. The Leading Athletics workshop is aimed at individuals looking to gain the skills to lead athletics activities to young athletes. Individuals completing the course will be able to support Coaching Assistant and Athletics Coaches.

3) **Scottish FA: 1.1 Introduction to Football Coaching course: 10th August 2023**

The Scottish FA Level 1.1 Introduction to Coaching course aims to develop a basic understanding of The Scottish FA coach education pathway and the coach's learning journey. Effective communication and player interaction to develop effective delivery.

Participants will be signposted Edinburgh Leisure volunteering opportunities within sports venues and holiday programme provision, where they will be immersed in all aspects of the Sport and Leisure coaching environment. This can lead to employment opportunities within Edinburgh Leisure.

We will host a celebratory event in closing.

Recruitment of candidates

Please share with your local groups and young people that you feel would be applicable. We are looking for initial candidates with a passion for sport, enthusiasm for learning and looking for a new opportunity. Registration closes on Friday 30th June 2023.

Where can I get support or more information?

Please contact Gary Hocknull, Sports Development Officer garyhocknull@edinburghleisure.co.uk

Or Emily Edmunds, Active Communities Instructor emilyedmunds@edinburghleisure.co.uk

REGISTER HERE :

